

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Hatha Yoga	4 Zumba Fitness	5 Drama Free	6	7
8	9	10 Hatha Yoga	11 Zumba Fitness	12 Hatha Yoga Drama Free	13	14
15	16	17 Hatha Yoga	18 Zumba Fitness Under the Stars	19 Hatha Yoga Drama Free	20	21 Regent Park Opening (also known as The Big Park)
22	23 COBA Drop-in Dance Classes  Zumba Fitness	24 Hatha Yoga	25 Zumba Fitness Regent Park Farmers' Market <i>Where Are You From?</i> Art installation Under the Stars	26 Hatha Yoga Drama Free	27	28
29	30 COBA Drop-in Dance Classes					

## NEW EVENTS COMING IN JULY

### SHOW LOVE ▲■

Weekly series of outdoor programming including games, art activities, food and community sharing to show Regent Park some love.

**Dates:** Fridays, July 4 to September 5, 1:00 pm to 8:00 pm

**Location:** Dundas Street East and Regent Park Boulevard

### POETS' CORNER ■

Outdoor poetry writing workshops for local youth to share their works on Daniels Spectrum's electronic urban screen.

**Dates:** Thursdays, July 10 to July 31, 5:00 pm to 7:00 pm

**Location:** MDC Partners Courtyard behind Daniels Spectrum, 585 Dundas Street East

### KEEPING YOUTH MOTIVATED (K.Y.M.) AD CAMPAIGN ■

Local youth will coordinate and design eye-catching posters with positive messages that will be exhibited in different locations across the Regent Park community.

**Dates:** July 18 to August 31

**Location:** Posters will be exhibited throughout the Regent Park community

■ Women Only 
 ▲ Everyone 
 ■ Youth 
 ■ Family Friendly



# CALLING ALL REGENT PARK RESIDENTS!

Join us for a series of FREE and FUN family-friendly, youth-friendly, senior-friendly events and activities taking place all summer long in and around Daniels Spectrum.

[www.regentparkarts.ca](http://www.regentparkarts.ca)

## June 2014

### HATHA YOGA

Need to do a calming activity during the day? Regent Park residents are invited to participate in free (women-only) yoga. Sessions will be held at COBA studios in Daniels Spectrum.

**Dates:** Tuesdays, June 3 to June 24, 1:00 pm to 2:00 pm and Thursdays, June 12 to June 26, 2:00 pm to 3:00 pm

**Location:** COBA Studios, Daniels Spectrum, 585 Dundas Street East

**Registration:** to attend a session please register at least 24 hours in advance by calling Sureya Ibrahim at Daniels Centre of Learning 647-349-2244. Classes fill up quick!

### ZUMBA FITNESS

Come and get your Zumba fitness on! Regent Park residents are invited to participate in free Zumba classes. Sessions will be held at COBA studios in Daniels Spectrum.

**Dates:** Wednesdays, June 4 to June 25, 5:00 pm to 6:00 pm

**Location:** COBA Studios, Daniels Spectrum, 585 Dundas Street East

**Registration:** to attend a session please register at least 24 hours in advance by calling Sureya Ibrahim at Daniels Centre of Learning 647-349-2244. Classes fill up quick!

### DRAMA FREE

Developed and facilitated by Regent Park artist Trevlyn Kennedy, local youth (ages 14 to 18) are invited to participate in weekly drama workshops designed to build awareness around the criminal justice system through competitive court case legal battles. Workshops will be held in Daniels Spectrum: Regent Park Film Festival and the MDC Partners Courtyard (behind Daniels Spectrum).

**Dates:** Thursdays, June 5 to June 26, 5:00 pm to 7:00 pm

**Location:** Regent Park Film Festival office and MDC Partners Courtyard behind Daniels Spectrum, 585 Dundas Street East

**Contact:** Trevlyn Kennedy for more details on how to join [Trevlyn\\_kay@hotmail.com](mailto:Trevlyn_kay@hotmail.com)

### UNDER THE STARS: AN OUTDOOR SCREENING SERIES

Every Wednesday, join Regent Park Film Festival as they host outdoor film screenings in Regent Park (also known as *The Big Park*), Daniels Spectrum's MDC Partners Courtyard and on Regent Park Boulevard. The series will feature films from around the world relevant to diverse audiences in Regent Park and include feature guest speakers and live performances. Refreshments and Regent Park Film Festival merchandise will be available for purchase. Check the Regent Park Film Festival website for outdoor screening listings and locations.

**Dates:** Wednesdays, June 18 to August 20, 9:00 pm to 11:00 pm

**Location:** Regent Park Boulevard and the MDC Partners Courtyard behind Daniels Spectrum





**Info:** [www.regentparkfilmfestival.com](http://www.regentparkfilmfestival.com) | 416-599-7733

### OPENING OF REGENT PARK

Sure to be the highlight of the summer, Regent Park (also known as *The Big Park*) is scheduled to open on Saturday, June 21st. To celebrate the occasion, Daniels Spectrum, Regent Park School of Music and Coleman Lemieux & Compagnie will collaborate to curate a series of live performances including music & cultural dance, spoken word and drumming from Regent Park and beyond. Performances will take place at Paintbox Bistro and in Regent Park's new park area.

**Date:** Saturday, June 21, 1:00 pm to 5:00 pm

**Location:** Regent Park (also known as *The Big Park*) north side of Dundas Street East at Regent Park Boulevard and Paintbox Bistro, 555 Dundas Street East

 Women Only  Everyone  Youth  Family Friendly

### WHERE ARE YOU FROM?

Come participate in live art that explores diasporic communities and histories in Regent Park. In this live art installation, residents are invited to trace their family's migration on an interactive art installation with Daniels Spectrum's curator, ellealconcel. This mobile installation is set to make its appearance at some of Regent Park's most popular summer events including the Regent Park Farmers' Market & Show Love from June through August.

**Date:** Installation starts at the opening of the Regent Park Farmers' Market from 3:30 pm to 7:30 pm on Wednesday, June 25

**Location:** Regent Park Boulevard and Dundas Street East

### COBA DROP-IN DANCE CLASSES

Free drop-in dance classes are held every Monday for local residents in the MDC Partners Courtyard. With instruction from COBA's professional dancers, participants will learn a variety of dance styles every week such as hip-hop, Caribbean folk and Latin.

**Dates:** Mondays, June 23 to September 8, 5:00 pm to 6:30 pm. Since August 4 and September 1 are civic holidays, classes will be held on August 5 and September 2 instead.

**Location:** MDC Partners Courtyard behind Daniels Spectrum, 585 Dundas Street East

**Info:** For more information and dance style listings, visit Daniels Spectrum's website or contact COBA [www.regentparkarts.ca](http://www.regentparkarts.ca) | 416-658-3111

### REGENT PARK FARMERS' MARKET

Get ready...every Wednesday this summer for food, fun and performances by Regent Park talent! Enjoy fresh and healthy prepared food, farm fresh Ontario produce and products, unique vendors, live entertainment and the company of good friends and neighbours at the Regent Park Farmers' Market! Join us every Wednesday this summer for real food and fun.

**Dates:** Wednesdays, June 25 to September 24, 3:30 pm to 7:30 pm

**Location:** Regent Park Boulevard and Dundas Street East

**Info:** [www.regentparkfarmersmarket.ca](http://www.regentparkfarmersmarket.ca)

### REGENT PARK TV COVERAGE: SUMMER SERIES AT DANIELS SPECTRUM

Regent Park's innovative community television station, RPTV, will bring the Spectrum Summer Series into the comfort of your homes. Throughout the summer, events will be filmed by local youth and broadcast on RPTV (Rogers Channel 60 [cable] or Channel 995 [digital]) and online at [www.regentpark.tv](http://www.regentpark.tv). Tune in regularly to see what's going on in the community and check out the daily events listings. RPTV is a program of Regent Park Focus Youth Media Arts Centre.

**Dates:** June 21 to August 31

**Location:** Segments can be viewed on Rogers Channel 60 (cable) or Rogers Channel 995 (digital) and online.

**Info:** [www.regentpark.tv](http://www.regentpark.tv)

## Returning in July

- ♦ Hatha Yoga ♦ Zumba Fitness ♦ Regent Park Farmers' Market ♦ Under the Stars: Outdoor Screening Series ♦ COBA Drop-in Dance Classes
- ♦ Where Are You From? Art installation ♦ Regent Park TV Coverage: Summer Series at Daniels Spectrum

**Summer Series at Daniels Spectrum is possible thanks to the generous support of two anonymous donors.**